



Sprint-Training

St. Vith 4.5.2025

O.L.G. St. Vith ARDOC

Andreas HOCK

O.L.G. St. Vith ARDOC

Course : Lang

Distance : 2900m

Time : 0:28:52 (9'57"/km)

17/23

O.K.

[Full result on Webres](#)

1. Guido LENGES	0:15:09
2. Jérémy BREDO	0:16:29
3. Thomas BREDO	0:17:43

1.	202	00:01:20		181m	7'22"/km
2.	201	00:02:14	00:03:34	188m	11'53"/km
3.	203	00:00:26	00:04:00	85m	5'06"/km
4.	204	00:01:49	00:05:49	209m	8'42"/km
5.	205	00:04:05	00:09:54	444m	9'12"/km
6.	206	00:04:35	00:14:29	483m	9'29"/km
7.	207	00:00:47	00:15:16	110m	7'07"/km
8.	208	00:02:17	00:17:33	294m	7'46"/km
9.	209	00:01:40	00:19:13	112m	14'53"/km
10.	210	00:02:07	00:21:20	153m	13'50"/km
11.	211	00:00:32	00:21:52	55m	9'42"/km
12.	212	00:01:46	00:23:38	160m	11'02"/km
13.	213	00:02:31	00:26:09	144m	17'29"/km
14.	214	00:01:28	00:27:37	126m	11'38"/km
15.	215	00:00:39	00:28:16	92m	7'04"/km
16.	999	00:00:36	00:28:52	41m	14'38"/km

Orienteering Software