



Sprint-Training

St. Vith 4.5.2025

O.L.G. St. Vith ARDOC

Bernard VENDRIX

O.L.G. St. Vith ARDOC

Strecke : Lang

Länge : 2900m

Zeit : 0:27:40 (9'32"/km)

16/23

O.K.

[Vollständige Ergebnisse auf Webres](#)

- | | |
|-----------------|---------|
| 1. Guido LENGES | 0:15:09 |
| 2. Jérémy BREDO | 0:16:29 |
| 3. Thomas BREDO | 0:17:43 |

1.	202	00:01:20		181m	7'22"/km
2.	201	00:01:19	00:02:39	188m	7'00"/km
3.	203	00:00:28	00:03:07	85m	5'29"/km
4.	204	00:01:41	00:04:48	209m	8'03"/km
5.	205	00:04:26	00:09:14	444m	9'59"/km
6.	206	00:03:56	00:13:10	483m	8'09"/km
7.	207	00:00:49	00:13:59	110m	7'25"/km
8.	208	00:01:54	00:15:53	294m	6'28"/km
9.	209	00:01:51	00:17:44	112m	16'31"/km
10.	210	00:01:54	00:19:38	153m	12'25"/km
11.	211	00:00:25	00:20:03	55m	7'35"/km
12.	212	00:03:01	00:23:04	160m	18'51"/km
13.	213	00:02:33	00:25:37	144m	17'42"/km
14.	214	00:00:56	00:26:33	126m	7'24"/km
15.	215	00:00:32	00:27:05	92m	5'48"/km
16.	999	00:00:35	00:27:40	41m	14'14"/km

Orienteering Software