



Sprint-Training

St. Vith 4.5.2025

O.L.G. St. Vith ARDOC

Ed JANSSENS

O.L.V. Eifel

Circuit : Lang

Distance : 2900m

Temps : 0:24:53 (8'35"/km)

15/23

O.K.

[Résultats complets sur Webres](#)

- | | |
|-----------------|---------|
| 1. Guido LENGES | 0:15:09 |
| 2. Jérémy BREDO | 0:16:29 |
| 3. Thomas BREDO | 0:17:43 |

1.	202	00:01:19		181m	7'16"/km
2.	201	00:01:13	00:02:32	188m	6'28"/km
3.	203	00:00:28	00:03:00	85m	5'29"/km
4.	204	00:01:32	00:04:32	209m	7'20"/km
5.	205	00:03:49	00:08:21	444m	8'36"/km
6.	206	00:03:26	00:11:47	483m	7'07"/km
7.	207	00:00:43	00:12:30	110m	6'31"/km
8.	208	00:01:49	00:14:19	294m	6'11"/km
9.	209	00:02:34	00:16:53	112m	22'55"/km
10.	210	00:01:31	00:18:24	153m	9'55"/km
11.	211	00:00:21	00:18:45	55m	6'22"/km
12.	212	00:01:26	00:20:11	160m	8'58"/km
13.	213	00:02:06	00:22:17	144m	14'35"/km
14.	214	00:01:15	00:23:32	126m	9'55"/km
15.	215	00:00:36	00:24:08	92m	6'31"/km
16.	999	00:00:45	00:24:53	41m	18'18"/km

Orienteering Software