



Sprint-Training

St. Vith 4.5.2025

O.L.G. St. Vith ARDOC

Daniel ARENS

Indiv.

Omloop : Lang

Afstand : 2900m

Tijd : 0:24:15 (8'22"/km)

13/23

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|-------------------|---------|
| 1. Guido LENGES | 0:15:09 |
| 2. J  r  my BREDO | 0:16:29 |
| 3. Thomas BREDO | 0:17:43 |

1.	202	00:01:15		181m	6'54"/km
2.	201	00:01:23	00:02:38	188m	7'21"/km
3.	203	00:00:30	00:03:08	85m	5'53"/km
4.	204	00:01:43	00:04:51	209m	8'13"/km
5.	205	00:03:34	00:08:25	444m	8'02"/km
6.	206	00:03:40	00:12:05	483m	7'35"/km
7.	207	00:00:43	00:12:48	110m	6'31"/km
8.	208	00:01:54	00:14:42	294m	6'28"/km
9.	209	00:01:04	00:15:46	112m	9'31"/km
10.	210	00:01:38	00:17:24	153m	10'41"/km
11.	211	00:00:24	00:17:48	55m	7'16"/km
12.	212	00:01:52	00:19:40	160m	11'40"/km
13.	213	00:02:04	00:21:44	144m	14'21"/km
14.	214	00:01:22	00:23:06	126m	10'51"/km
15.	215	00:00:33	00:23:39	92m	5'59"/km
16.	999	00:00:36	00:24:15	41m	14'38"/km

Orienteering Software