



Sprint-Training

St. Vith 4.5.2025

O.L.G. St. Vith ARDOC

Romain REUSCH

O.L.G. St. Vith ARDOC

Course : Lang

Distance : 2900m

Time : 0:20:41 (7'08"/km)

8/23

O.K.

[Full result on Webres](#)

- | | |
|-----------------|---------|
| 1. Guido LENGES | 0:15:09 |
| 2. Jérémy BREDO | 0:16:29 |
| 3. Thomas BREDO | 0:17:43 |

1.	202	00:01:04		181m	5'54"/km
2.	201	00:01:12	00:02:16	188m	6'23"/km
3.	203	00:00:23	00:02:39	85m	4'31"/km
4.	204	00:01:26	00:04:05	209m	6'51"/km
5.	205	00:02:56	00:07:01	444m	6'36"/km
6.	206	00:03:28	00:10:29	483m	7'11"/km
7.	207	00:00:40	00:11:09	110m	6'04"/km
8.	208	00:01:29	00:12:38	294m	5'03"/km
9.	209	00:01:13	00:13:51	112m	10'52"/km
10.	210	00:01:26	00:15:17	153m	9'22"/km
11.	211	00:00:23	00:15:40	55m	6'58"/km
12.	212	00:01:11	00:16:51	160m	7'24"/km
13.	213	00:01:47	00:18:38	144m	12'23"/km
14.	214	00:00:47	00:19:25	126m	6'13"/km
15.	215	00:00:42	00:20:07	92m	7'37"/km
16.	999	00:00:34	00:20:41	41m	13'49"/km

Orienteering Software