



Sprint-Training

St. Vith 4.5.2025

O.L.G. St. Vith ARDOC

Colin VENDRIX

O.L.G. St. Vith ARDOC

Circuit : Lang

Distance : 2900m

Temps : 0:20:36 (7'06"/km)

7/23

O.K.

[Résultats complets sur Webres](#)

- | | |
|-----------------|---------|
| 1. Guido LENGES | 0:15:09 |
| 2. Jérémy BREDO | 0:16:29 |
| 3. Thomas BREDO | 0:17:43 |

1.	202	00:00:59		181m	5'26"/km
2.	201	00:00:59	00:01:58	188m	5'14"/km
3.	203	00:00:17	00:02:15	85m	3'20"/km
4.	204	00:01:16	00:03:31	209m	6'04"/km
5.	205	00:02:53	00:06:24	444m	6'30"/km
6.	206	00:03:18	00:09:42	483m	6'50"/km
7.	207	00:00:34	00:10:16	110m	5'09"/km
8.	208	00:01:34	00:11:50	294m	5'20"/km
9.	209	00:00:51	00:12:41	112m	7'35"/km
10.	210	00:01:37	00:14:18	153m	10'34"/km
11.	211	00:00:20	00:14:38	55m	6'04"/km
12.	212	00:01:00	00:15:38	160m	6'15"/km
13.	213	00:01:23	00:17:01	144m	9'36"/km
14.	214	00:00:48	00:17:49	126m	6'21"/km
15.	215	00:02:12	00:20:01	92m	23'55"/km
16.	999	00:00:35	00:20:36	41m	14'14"/km

Orienteering Software