



Sprint-Training

St. Vith 4.5.2025

O.L.G. St. Vith ARDOC

Jürgen LOO

O.L.G. St. Vith ARDOC

Strecke : Lang

Länge : 2900m

Zeit : 0:20:00 (6'54"/km)

6/23

O.K.

[Vollständige Ergebnisse auf Webres](#)

1. Guido LENGES	0:15:09
2. Jérémy BREDO	0:16:29
3. Thomas BREDO	0:17:43

1.	202	00:01:04		181m	5'54"/km
2.	201	00:01:01	00:02:05	188m	5'24"/km
3.	203	00:00:20	00:02:25	85m	3'55"/km
4.	204	00:01:23	00:03:48	209m	6'37"/km
5.	205	00:03:16	00:07:04	444m	7'21"/km
6.	206	00:03:01	00:10:05	483m	6'15"/km
7.	207	00:00:40	00:10:45	110m	6'04"/km
8.	208	00:01:30	00:12:15	294m	5'06"/km
9.	209	00:00:53	00:13:08	112m	7'53"/km
10.	210	00:01:42	00:14:50	153m	11'07"/km
11.	211	00:00:18	00:15:08	55m	5'27"/km
12.	212	00:01:12	00:16:20	160m	7'30"/km
13.	213	00:01:35	00:17:55	144m	11'00"/km
14.	214	00:01:02	00:18:57	126m	8'12"/km
15.	215	00:00:27	00:19:24	92m	4'53"/km
16.	999	00:00:36	00:20:00	41m	14'38"/km

Orienteering Software