



Sprint-Training

St. Vith 4.5.2025

O.L.G. St. Vith ARDOC

Noah BACKES

O.L.G. St. Vith ARDOC

Course : Lang

Distance : 2900m

Time : 0:18:09 (6'16"/km)

5/23

O.K.

[Full result on Webres](#)

- | | |
|-----------------|---------|
| 1. Guido LENGES | 0:15:09 |
| 2. Jérémy BREDO | 0:16:29 |
| 3. Thomas BREDO | 0:17:43 |

1.	202	00:00:53		181m	4'53"/km
2.	201	00:01:00	00:01:53	188m	5'19"/km
3.	203	00:00:17	00:02:10	85m	3'20"/km
4.	204	00:01:20	00:03:30	209m	6'23"/km
5.	205	00:02:37	00:06:07	444m	5'54"/km
6.	206	00:02:53	00:09:00	483m	5'58"/km
7.	207	00:00:38	00:09:38	110m	5'45"/km
8.	208	00:01:26	00:11:04	294m	4'53"/km
9.	209	00:00:55	00:11:59	112m	8'11"/km
10.	210	00:01:16	00:13:15	153m	8'17"/km
11.	211	00:00:20	00:13:35	55m	6'04"/km
12.	212	00:01:08	00:14:43	160m	7'05"/km
13.	213	00:01:27	00:16:10	144m	10'04"/km
14.	214	00:00:59	00:17:09	126m	7'48"/km
15.	215	00:00:29	00:17:38	92m	5'15"/km
16.	999	00:00:31	00:18:09	41m	12'36"/km

Orienteering Software