



# HOS 1 - 2025

## Zonhoven 19.4.2025

### Omega

**Bieke VAN ELSACKER**

Omega

Omloop : D:01

Afstand : 4840m

Tijd : 0:54:55 (11'21"/km)

**8/11**

O.K.

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- |                    |         |
|--------------------|---------|
| 1. Helena PLUYMERS | 0:36:12 |
| 2. Sonja ROSIUS    | 0:39:01 |
| 3. Nancy TEUNCKENS | 0:39:42 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 86  | 00:00:44 |          | 68m  | 10'47"/km |
| 2.  | 88  | 00:01:25 | 00:02:09 | 174m | 8'09"/km  |
| 3.  | 90  | 00:00:59 | 00:03:08 | 119m | 8'16"/km  |
| 4.  | 89  | 00:01:00 | 00:04:08 | 118m | 8'28"/km  |
| 5.  | 85  | 00:03:50 | 00:07:58 | 369m | 10'23"/km |
| 6.  | 94  | 00:03:02 | 00:11:00 | 326m | 9'18"/km  |
| 7.  | 91  | 00:02:09 | 00:13:09 | 196m | 10'58"/km |
| 8.  | 92  | 00:01:44 | 00:14:53 | 119m | 14'34"/km |
| 9.  | 84  | 00:02:50 | 00:17:43 | 226m | 12'32"/km |
| 10. | 95  | 00:02:27 | 00:20:10 | 177m | 13'51"/km |
| 11. | 96  | 00:01:51 | 00:22:01 | 184m | 10'03"/km |
| 12. | 98  | 00:03:04 | 00:25:05 | 267m | 11'29"/km |
| 13. | 97  | 00:01:49 | 00:26:54 | 241m | 7'32"/km  |
| 14. | 78  | 00:03:27 | 00:30:21 | 289m | 11'56"/km |
| 15. | 82  | 00:04:43 | 00:35:04 | 168m | 28'05"/km |
| 16. | 74  | 00:04:19 | 00:39:23 | 303m | 14'15"/km |
| 17. | 73  | 00:02:47 | 00:42:10 | 307m | 9'04"/km  |
| 18. | 72  | 00:01:22 | 00:43:32 | 105m | 13'01"/km |
| 19. | 71  | 00:01:53 | 00:45:25 | 103m | 18'17"/km |
| 20. | 79  | 00:02:06 | 00:47:31 | 224m | 9'23"/km  |
| 21. | 81  | 00:01:20 | 00:48:51 | 111m | 12'01"/km |
| 22. | 76  | 00:01:20 | 00:50:11 | 142m | 9'23"/km  |
| 23. | 75  | 00:01:42 | 00:51:53 | 151m | 11'15"/km |
| 24. | 77  | 00:01:01 | 00:52:54 | 136m | 7'29"/km  |
| 25. | 83  | 00:01:33 | 00:54:27 | 167m | 9'17"/km  |
| 26. | 999 | 00:00:28 | 00:54:55 | 55m  | 8'29"/km  |

Orienteering Software