



# HOS 1 - 2025

## Zonhoven 19.4.2025

### Omega

**Petra MARCOEN**

Indiv.

Circuit : D:01

Distance : 4840m

Temps : 0:53:26 (11'02"/km)

**7/11**

O.K.

[Résultats complets sur Webres](#)

- |                    |         |
|--------------------|---------|
| 1. Helena PLUYMERS | 0:36:12 |
| 2. Sonja ROSIUS    | 0:39:01 |
| 3. Nancy TEUNCKENS | 0:39:42 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 86  | 00:00:41 |          | 68m  | 10'03"/km |
| 2.  | 88  | 00:01:42 | 00:02:23 | 174m | 9'46"/km  |
| 3.  | 90  | 00:00:56 | 00:03:19 | 119m | 7'51"/km  |
| 4.  | 89  | 00:01:01 | 00:04:20 | 118m | 8'37"/km  |
| 5.  | 85  | 00:03:26 | 00:07:46 | 369m | 9'18"/km  |
| 6.  | 94  | 00:03:15 | 00:11:01 | 326m | 9'58"/km  |
| 7.  | 91  | 00:02:08 | 00:13:09 | 196m | 10'53"/km |
| 8.  | 92  | 00:01:45 | 00:14:54 | 119m | 14'42"/km |
| 9.  | 84  | 00:02:19 | 00:17:13 | 226m | 10'15"/km |
| 10. | 95  | 00:02:19 | 00:19:32 | 177m | 13'05"/km |
| 11. | 96  | 00:01:47 | 00:21:19 | 184m | 9'42"/km  |
| 12. | 98  | 00:04:42 | 00:26:01 | 267m | 17'36"/km |
| 13. | 97  | 00:01:48 | 00:27:49 | 241m | 7'28"/km  |
| 14. | 78  | 00:03:30 | 00:31:19 | 289m | 12'07"/km |
| 15. | 82  | 00:01:49 | 00:33:08 | 168m | 10'49"/km |
| 16. | 74  | 00:04:49 | 00:37:57 | 303m | 15'54"/km |
| 17. | 73  | 00:02:39 | 00:40:36 | 307m | 8'38"/km  |
| 18. | 72  | 00:01:09 | 00:41:45 | 105m | 10'57"/km |
| 19. | 71  | 00:01:59 | 00:43:44 | 103m | 19'15"/km |
| 20. | 79  | 00:01:51 | 00:45:35 | 224m | 8'16"/km  |
| 21. | 81  | 00:01:35 | 00:47:10 | 111m | 14'16"/km |
| 22. | 76  | 00:01:19 | 00:48:29 | 142m | 9'16"/km  |
| 23. | 75  | 00:01:28 | 00:49:57 | 151m | 9'43"/km  |
| 24. | 77  | 00:01:10 | 00:51:07 | 136m | 8'35"/km  |
| 25. | 83  | 00:01:45 | 00:52:52 | 167m | 10'29"/km |
| 26. | 999 | 00:00:34 | 00:53:26 | 55m  | 10'18"/km |

Orienteering Software