



HOS 1 - 2025

Zonhoven 19.4.2025

Omega

Truus DE JONGHE

Omega

Omloop : D:01

Afstand : 4840m

Tijd : 0:48:02 (9'55"/km)

6/11

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|--------------------|---------|
| 1. Helena PLUYMERS | 0:36:12 |
| 2. Sonja ROSIUS | 0:39:01 |
| 3. Nancy TEUNCKENS | 0:39:42 |

1.	86	00:00:36		68m	8'49"/km
2.	88	00:01:23	00:01:59	174m	7'57"/km
3.	90	00:00:52	00:02:51	119m	7'17"/km
4.	89	00:00:59	00:03:50	118m	8'20"/km
5.	85	00:03:32	00:07:22	369m	9'35"/km
6.	94	00:02:57	00:10:19	326m	9'03"/km
7.	91	00:01:59	00:12:18	196m	10'07"/km
8.	92	00:01:35	00:13:53	119m	13'18"/km
9.	84	00:02:08	00:16:01	226m	9'26"/km
10.	95	00:02:07	00:18:08	177m	11'58"/km
11.	96	00:01:40	00:19:48	184m	9'03"/km
12.	98	00:02:54	00:22:42	267m	10'52"/km
13.	97	00:01:38	00:24:20	241m	6'47"/km
14.	78	00:03:04	00:27:24	289m	10'37"/km
15.	82	00:01:39	00:29:03	168m	9'49"/km
16.	74	00:04:23	00:33:26	303m	14'28"/km
17.	73	00:02:23	00:35:49	307m	7'46"/km
18.	72	00:01:30	00:37:19	105m	14'17"/km
19.	71	00:01:41	00:39:00	103m	16'21"/km
20.	79	00:01:48	00:40:48	224m	8'02"/km
21.	81	00:01:16	00:42:04	111m	11'25"/km
22.	76	00:01:33	00:43:37	142m	10'55"/km
23.	75	00:01:24	00:45:01	151m	9'16"/km
24.	77	00:01:03	00:46:04	136m	7'43"/km
25.	83	00:01:29	00:47:33	167m	8'53"/km
26.	999	00:00:29	00:48:02	55m	8'47"/km

Orienteering Software