



**Treino 13 - CMSM**  
**Fepagro 30.4.2025**  
**Colégio Militar de Santa Maria**

**Lorenzi**

Colégio Militar de Santa Maria

Circuit : HB1

Distance : 2800m (Dénivelé 40m)

Temps : 0:44:53 (16'02"/km)

**5/7**

O.K.

[Résultats complets sur Webres](#)

- |             |         |
|-------------|---------|
| 1. Dawison  | 0:26:39 |
| 2. Manfio   | 0:29:48 |
| 3. Valentin | 0:30:48 |

|     |     |          |          |      |            |
|-----|-----|----------|----------|------|------------|
| 1.  | 32  | 00:02:43 |          | 123m | 22'05"/km  |
| 2.  | 31  | 00:01:49 | 00:04:32 | 97m  | 18'44"/km  |
| 3.  | 33  | 00:01:02 | 00:05:34 | 130m | 7'57"/km   |
| 4.  | 106 | 00:00:55 | 00:06:29 | 130m | 7'03"/km   |
| 5.  | 34  | 00:00:45 | 00:07:14 | 117m | 6'25"/km   |
| 6.  | 39  | 00:14:38 | 00:21:52 | 162m | 90'20"/km  |
| 7.  | 106 | 00:03:20 | 00:25:12 | 140m | 23'49"/km  |
| 8.  | 35  | 00:33:08 | 00:58:20 | 239m | 138'38"/km |
| 9.  | 36  | 12:37:06 | 13:35:26 | 235m | 322'14"/km |
| 10. | 37  | 00:03:23 | 13:38:49 | 226m | 14'58"/km  |
| 11. | 38  | 00:02:39 | 13:41:28 | 228m | 11'37"/km  |
| 12. | 102 | 00:04:40 | 13:46:08 | 367m | 12'43"/km  |
| 13. | 103 | 00:01:45 | 13:47:53 | 140m | 12'30"/km  |
| 14. | 104 | 00:01:24 | 13:49:17 | 158m | 8'52"/km   |
| 15. | 105 | 00:01:27 | 13:50:44 | 110m | 13'11"/km  |
| 16. | 999 | 00:00:25 | 13:51:09 | 95m  | 4'23"/km   |

Orienteering Software