



Treino 12 - CMSM
Fepagro 28.4.2025
Colégio Militar de Santa Maria

Bordin

Colégio Militar de Santa Maria

Strecke : HB

Länge : 3100m (Steigung 60m)

Zeit : 1:10:24 (22'43"/km)

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O.K.

[Vollständige Ergebnisse auf Webres](#)

1. Ruiz	0:44:55
2. Dawson	0:47:51
3. Manfio	0:50:53

1.	31	00:01:39		208m	7'56"/km
2.	32	00:02:37	00:04:16	230m	11'23"/km
3.	33	00:03:33	00:07:49	160m	22'11"/km
4.	34	00:11:47	00:19:36	213m	55'19"/km
5.	35	00:09:29	00:29:05	377m	25'09"/km
6.	36	00:02:11	00:31:16	207m	10'33"/km
7.	38	00:02:42	00:33:58	335m	8'04"/km
8.	40	00:03:04	00:37:02	161m	19'03"/km
9.	103	00:06:34	00:43:36	510m	12'53"/km
10.	105	00:23:51	01:07:27	370m	64'28"/km
11.	104	00:02:16	01:09:43	171m	13'15"/km
12.	999	00:00:41	01:10:24	135m	5'04"/km

HELGA

Orienteering Software