



Treino 12 - CMSM
Fepagro 28.4.2025
Colégio Militar de Santa Maria

Portela

Colégio Militar de Santa Maria

Strecke : HB

Länge : 3100m (Steigung 60m)

Zeit : 1:07:58 (21'55"/km)

8/11

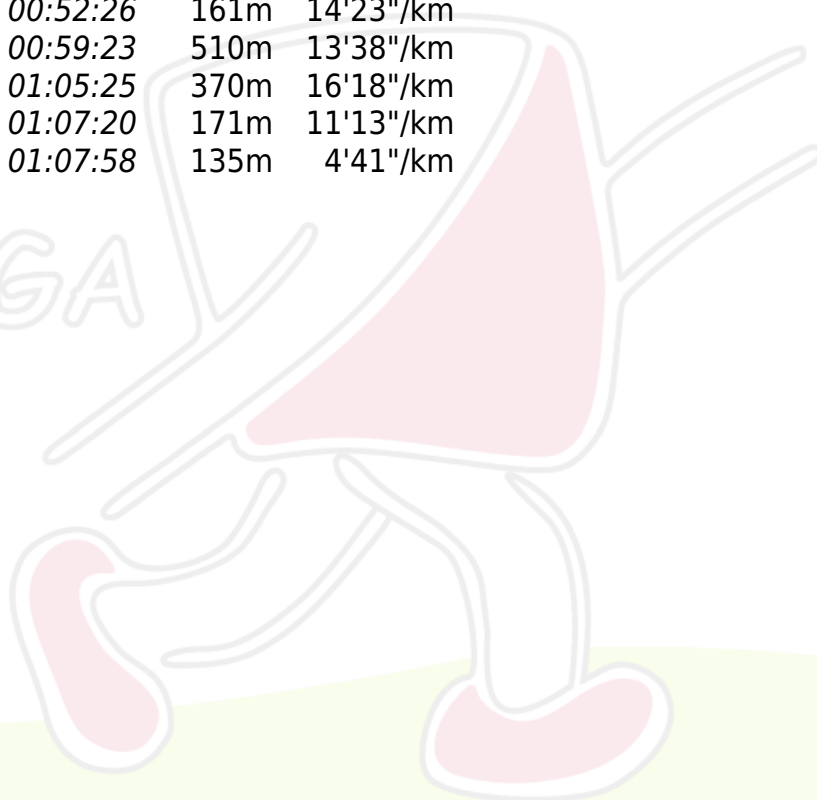
O.K.

[Vollständige Ergebnisse auf Webres](#)

1. Ruiz	0:44:55
2. Dawson	0:47:51
3. Manfio	0:50:53

1.	31	00:01:26		208m	6'53"/km
2.	32	00:02:25	00:03:51	230m	10'30"/km
3.	33	00:22:47	00:26:38	160m	142'24"/km
4.	34	00:06:00	00:32:38	213m	28'10"/km
5.	35	00:03:48	00:36:26	377m	10'05"/km
6.	36	00:01:43	00:38:09	207m	8'18"/km
7.	38	00:11:58	00:50:07	335m	35'43"/km
8.	40	00:02:19	00:52:26	161m	14'23"/km
9.	103	00:06:57	00:59:23	510m	13'38"/km
10.	105	00:06:02	01:05:25	370m	16'18"/km
11.	104	00:01:55	01:07:20	171m	11'13"/km
12.	999	00:00:38	01:07:58	135m	4'41"/km

HELGA



Orienteering Software