



Treino 12 - CMSM
Fepagro 28.4.2025
Colégio Militar de Santa Maria

Valentin

Colégio Militar de Santa Maria

Strecke : HB

Länge : 3100m (Steigung 60m)

Zeit : 1:01:38 (19'53"/km)

5/11

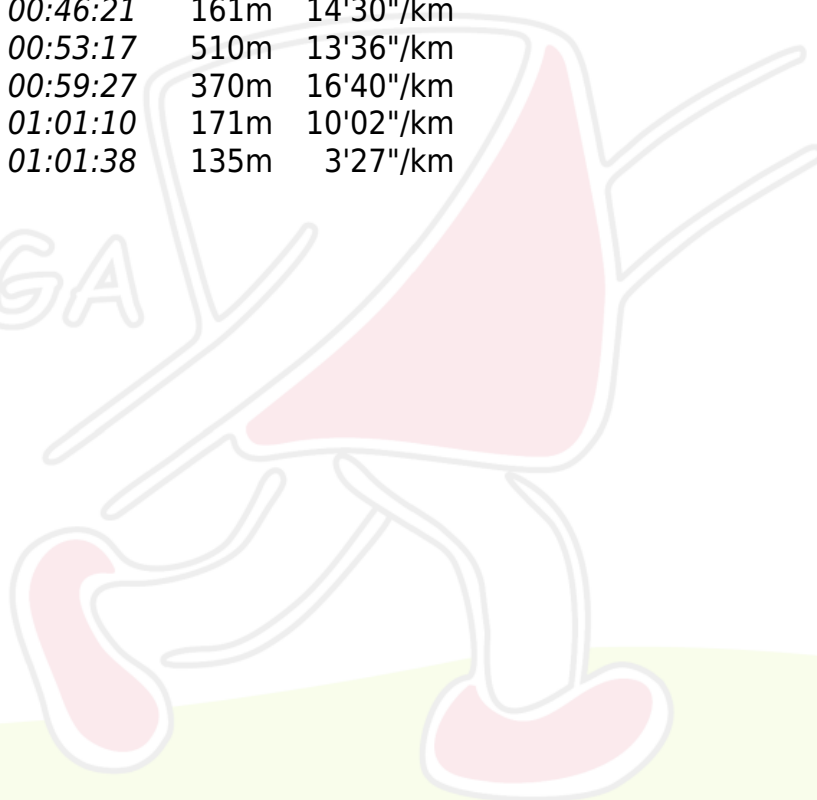
O.K.

[Vollständige Ergebnisse auf Webres](#)

1. Ruiz	0:44:55
2. Dawson	0:47:51
3. Manfio	0:50:53

1.	31	00:01:24		208m	6'44"/km
2.	32	00:01:38	00:03:02	230m	7'06"/km
3.	33	00:17:40	00:20:42	160m	110'25"/km
4.	34	00:05:51	00:26:33	213m	27'28"/km
5.	35	00:03:56	00:30:29	377m	10'26"/km
6.	36	00:01:38	00:32:07	207m	7'53"/km
7.	38	00:11:54	00:44:01	335m	35'31"/km
8.	40	00:02:20	00:46:21	161m	14'30"/km
9.	103	00:06:56	00:53:17	510m	13'36"/km
10.	105	00:06:10	00:59:27	370m	16'40"/km
11.	104	00:01:43	01:01:10	171m	10'02"/km
12.	999	00:00:28	01:01:38	135m	3'27"/km

HELGA



Orienteering Software