



Treino 12 - CMSM
Fepagro 28.4.2025
Colégio Militar de Santa Maria

Lucero

Colégio Militar de Santa Maria

Strecke : HB

Länge : 3100m (Steigung 60m)

Zeit : 0:54:18 (17'31"/km)

4/11

O.K.

[Vollständige Ergebnisse auf Webres](#)

1. Ruiz	0:44:55
2. Dawson	0:47:51
3. Manfio	0:50:53

1.	31	00:01:43		208m	8'15"/km
2.	32	00:02:37	00:04:20	230m	11'23"/km
3.	33	00:02:13	00:06:33	160m	13'51"/km
4.	34	00:02:05	00:08:38	213m	9'47"/km
5.	35	00:05:48	00:14:26	377m	15'23"/km
6.	36	00:01:23	00:15:49	207m	6'41"/km
7.	38	00:02:31	00:18:20	335m	7'31"/km
8.	40	00:02:56	00:21:16	161m	18'13"/km
9.	103	00:05:20	00:26:36	510m	10'27"/km
10.	105	00:25:25	00:52:01	370m	68'42"/km
11.	104	00:01:42	00:53:43	171m	9'56"/km
12.	999	00:00:35	00:54:18	135m	4'19"/km

HELGA

Orienteering Software