



Treino 12 - CMSM
Fepagro 28.4.2025
Colégio Militar de Santa Maria

Ruiz

Colégio Militar de Santa Maria

Percurso : HB

Distancia : 3100m (Desnivel 60m)

Tempo : 0:44:55 (14'29"/km)

1/11

O.K.

[Resultados completos em Webres](#)

2. Dawison 0:47:51
3. Manfio 0:50:53

1.	31	00:01:08		208m	5'27"/km
2.	32	00:02:22	00:03:30	230m	10'17"/km
3.	33	00:03:40	00:07:10	160m	22'55"/km
4.	34	00:04:28	00:11:38	213m	20'58"/km
5.	35	00:08:33	00:20:11	377m	22'41"/km
6.	36	00:06:07	00:26:18	207m	29'33"/km
7.	38	00:02:45	00:29:03	335m	8'13"/km
8.	40	00:03:05	00:32:08	161m	19'09"/km
9.	103	00:05:43	00:37:51	510m	11'13"/km
10.	105	00:04:22	00:42:13	370m	11'48"/km
11.	104	00:02:11	00:44:24	171m	12'46"/km
12.	999	00:00:31	00:44:55	135m	3'50"/km

HELGA

Orienteering Software