



# ASOM2025 - ASOM2025 City Race & WRE

## Turnhout 27.4.2025

### ASOM

**Helen BAINBRIDGE**

Indiv.

Circuit : W Open

Distance : 8690m

Temps : 1:08:46 (7'55"/km)

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O.K.

[Résultats complets sur Webres](#)

- |                  |         |
|------------------|---------|
| 1. Ems DE SMUL   | 0:50:57 |
| 2. Emma TAYLOR   | 0:51:54 |
| 3. Elina BOUWENS | 0:58:00 |

|     |     |                   |      |           |
|-----|-----|-------------------|------|-----------|
| 1.  | 32  | 00:04:58          | 165m | 30'06"/km |
| 2.  | 74  | 00:01:54 00:06:52 | 177m | 10'44"/km |
| 3.  | 86  | 00:00:51 00:07:43 | 67m  | 12'41"/km |
| 4.  | 54  | 00:00:46 00:08:29 | 59m  | 13'00"/km |
| 5.  | 51  | 00:01:54 00:10:23 | 125m | 15'12"/km |
| 6.  | 76  | 00:02:49 00:13:12 | 218m | 12'55"/km |
| 7.  | 113 | 00:00:31 00:13:43 | 63m  | 8'12"/km  |
| 8.  | 102 | 00:06:18 00:20:01 | 555m | 11'21"/km |
| 9.  | 64  | 00:00:34 00:20:35 | 68m  | 8'20"/km  |
| 10. | 68  | 00:00:56 00:21:31 | 82m  | 11'23"/km |
| 11. | 103 | 00:01:07 00:22:38 | 68m  | 16'25"/km |
| 12. | 104 | 00:01:03 00:23:41 | 89m  | 11'48"/km |
| 13. | 78  | 00:03:32 00:27:13 | 257m | 13'45"/km |
| 14. | 96  | 00:00:35 00:27:48 | 41m  | 14'14"/km |
| 15. | 80  | 00:04:20 00:32:08 | 455m | 9'31"/km  |
| 16. | 35  | 00:01:27 00:33:35 | 162m | 8'57"/km  |
| 17. | 82  | 00:03:54 00:37:29 | 403m | 9'41"/km  |
| 18. | 83  | 00:00:58 00:38:27 | 100m | 9'40"/km  |
| 19. | 84  | 00:03:23 00:41:50 | 372m | 9'06"/km  |
| 20. | 53  | 00:04:35 00:46:25 | 445m | 10'18"/km |
| 21. | 73  | 00:01:28 00:47:53 | 157m | 9'21"/km  |
| 22. | 50  | 00:00:44 00:48:37 | 80m  | 9'10"/km  |
| 23. | 41  | 00:03:57 00:52:34 | 286m | 13'49"/km |
| 24. | 42  | 00:01:09 00:53:43 | 64m  | 17'58"/km |
| 25. | 56  | 00:00:39 00:54:22 | 51m  | 12'45"/km |
| 26. | 55  | 00:00:31 00:54:53 | 65m  | 7'57"/km  |
| 27. | 43  | 00:02:50 00:57:43 | 320m | 8'51"/km  |
| 28. | 110 | 00:04:54 01:02:37 | 490m | 10'00"/km |
| 29. | 92  | 00:00:26 01:03:03 | 53m  | 8'11"/km  |
| 30. | 106 | 00:01:10 01:04:13 | 107m | 10'54"/km |
| 31. | 93  | 00:01:43 01:05:56 | 217m | 7'55"/km  |
| 32. | 108 | 00:00:25 01:06:21 | 50m  | 8'20"/km  |
| 33. | 107 | 00:01:06 01:07:27 | 27m  | 40'44"/km |
| 34. | 46  | 00:00:48 01:08:15 | 116m | 6'54"/km  |
| 35. | 999 | 00:00:31 01:08:46 | 76m  | 6'48"/km  |