



**1º TREINO EXTRA SODF 2025**  
**PARQUE ERMIDA DOM BOSCO 27.4.2025**  
**SE ORIENTA DF**

**Rodrigo Bispo Machado De Oliveira**

OUTROS

Circuit : INICIANTE

Distance : 1800m (Dénivelé 45m)

Temps : 0:45:42 (25'23"/km)

**12/17**

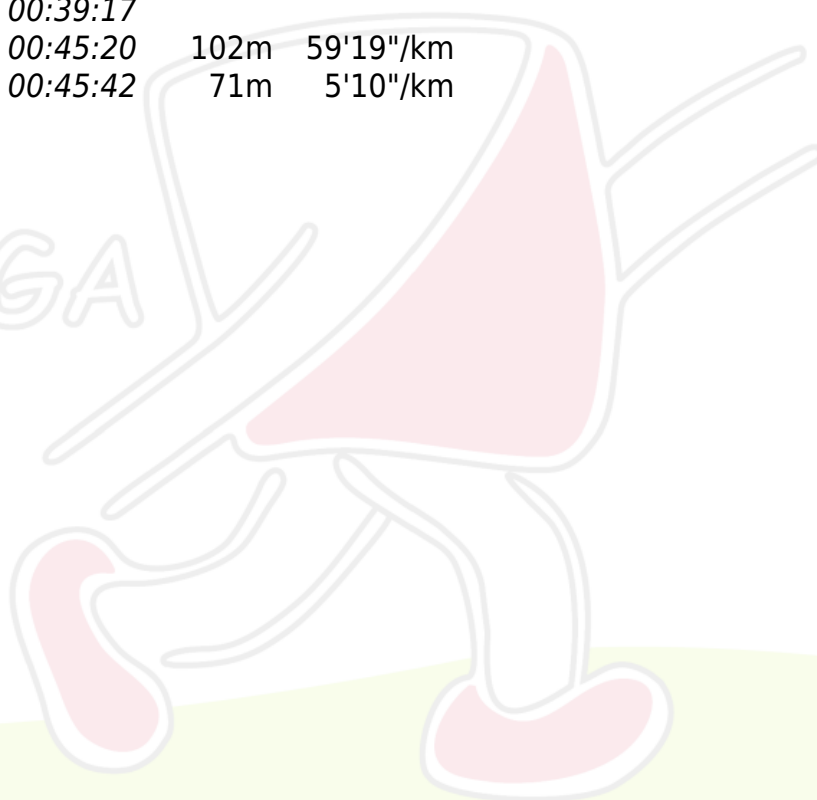
O.K.

[Résultats complets sur Webres](#)

- |                            |         |
|----------------------------|---------|
| 1. Luiza Trevisoli Lorenzi | 0:19:43 |
| 2. Luis Pardini            | 0:20:05 |
| 3. Emanuel Nascimento Dias | 0:20:19 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 48  | 00:04:04 |          | 251m | 16'12"/km |
| 2.  | 32  | 00:04:35 | 00:08:39 | 200m | 22'55"/km |
| 3.  | 46  | 00:06:23 | 00:15:02 | 310m | 20'35"/km |
| 4.  | 34  | 00:07:05 | 00:22:07 | 124m | 57'07"/km |
| 5.  | 35  | 00:03:18 | 00:25:25 | 213m | 15'30"/km |
| 6.  | 36  | 00:03:39 | 00:29:04 | 170m | 21'28"/km |
| 7.  | 47  | 00:07:50 | 00:36:54 | 491m | 15'57"/km |
| 8.  | 42  | 00:02:23 | 00:39:17 |      |           |
| 9.  | 31  | 00:06:03 | 00:45:20 | 102m | 59'19"/km |
| 10. | 999 | 00:00:22 | 00:45:42 | 71m  | 5'10"/km  |

HELGA



Orienteering Software