



1º TREINO EXTRA SODF 2025
PARQUE ERMIDA DOM BOSCO 27.4.2025
SE ORIENTA DF

Fernanda Leandra De Souza

OUTROS

Percurso : MÉDIO

Distancia : 2900m (Desnivel 85m)

Tempo : 2:58:45 (61'38"/km)

11/18

O.K.

[Resultados completos em Webres](#)

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|-----------------------------------|---------|
| 1. Cleidnilton Macêdo Alves | 1:22:29 |
| 2. Alberto De Barros Moraes Sayão | 1:55:54 |
| 3. Maxwell Oliveira Gomes | 2:03:05 |

1.	37	00:05:02		101m	49'50"/km
2.	48	00:04:43	00:09:45	163m	28'56"/km
3.	39	00:17:53	00:27:38	168m	106'27"/km
4.	41	00:10:03	00:37:41	120m	83'45"/km
5.	33	00:24:13	01:01:54	280m	86'29"/km
6.	44	00:32:51	01:34:45	248m	132'28"/km
7.	46	00:13:41	01:48:26	227m	60'17"/km
8.	43	00:04:24	01:52:50	96m	45'50"/km
9.	40	00:09:45	02:02:35	78m	125'00"/km
10.	35	00:13:31	02:16:06	331m	40'50"/km
11.	36	00:04:11	02:20:17	170m	24'36"/km
12.	47	00:08:18	02:28:35	491m	16'54"/km
13.	38	00:19:08	02:47:43	146m	131'03"/km
14.	31	00:10:12	02:57:55	174m	58'37"/km
15.	999	00:00:50	02:58:45	71m	11'44"/km

HELGA
Orienteering Software