



1º TREINO EXTRA SODF 2025
PARQUE ERMIDA DOM BOSCO 27.4.2025
SE ORIENTA DF

Luiz Claudio Oliveira De Andrade

OUTROS

Circuit : EXPERIENTE

Distance : 3900m (Dénivelé 100m)

Temps : 2:53:27 (44'28"/km)

20/28

O.K.

[Résultats complets sur Webres](#)

- | | |
|--------------------------------|---------|
| 1. José Garcia de Sousa Santos | 1:28:07 |
| 2. João Carlos Silva | 1:29:02 |
| 3. Maximiliano da Silva Reolon | 1:29:53 |

1.	35	00:04:03		284m	14'16"/km
2.	34	00:01:38	00:05:41	213m	7'40"/km
3.	43	00:04:30	00:10:11	112m	40'11"/km
4.	46	00:02:14	00:12:25	96m	23'16"/km
5.	50	00:27:25	00:39:50	153m	179'12"/km
6.	44	00:03:47	00:43:37	154m	24'34"/km
7.	33	00:35:45	01:19:22	248m	144'09"/km
8.	41	00:10:16	01:29:38	280m	36'40"/km
9.	39	00:16:45	01:46:23	120m	139'35"/km
10.	45	00:19:21	02:05:44	185m	104'36"/km
11.	40	00:10:38	02:16:22	303m	35'06"/km
12.	38	00:15:12	02:31:34	296m	51'21"/km
13.	47	00:10:58	02:42:32	146m	75'07"/km
14.	36	00:02:51	02:45:23	491m	5'48"/km
15.	48	00:05:02	02:50:25	495m	10'10"/km
16.	31	00:02:22	02:52:47	224m	10'34"/km
17.	999	00:00:40	02:53:27	71m	9'23"/km

Orienteering Software