



1º TREINO EXTRA SODF 2025
PARQUE ERMIDA DOM BOSCO 27.4.2025
SE ORIENTA DF

Eliane Vaz Pinto

CLUBE DE ORIENTAÇÃO ROCHA

Omloop : EXPERIENTE

Afstand : 3900m (Hoogteverschil 100m)

Tijd : 2:10:50 (33'33"/km)

14/28

O.K.

[Volledige uitslagen op Webres](#)

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|--------------------------------|---------|
| 1. José Garcia de Sousa Santos | 1:28:07 |
| 2. João Carlos Silva | 1:29:02 |
| 3. Maximiliano da Silva Reolon | 1:29:53 |

1.	35	00:03:34		284m	12'34"/km
2.	34	00:02:09	00:05:43	213m	10'06"/km
3.	43	00:05:36	00:11:19	112m	50'00"/km
4.	46	00:02:45	00:14:04	96m	28'39"/km
5.	50	00:28:15	00:42:19	153m	184'38"/km
6.	44	00:05:50	00:48:09	154m	37'53"/km
7.	33	00:10:51	00:59:00	248m	43'45"/km
8.	41	00:13:54	01:12:54	280m	49'39"/km
9.	39	00:03:50	01:16:44	120m	31'57"/km
10.	45	00:19:18	01:36:02	185m	104'19"/km
11.	40	00:09:30	01:45:32	303m	31'21"/km
12.	38	00:07:43	01:53:15	296m	26'04"/km
13.	47	00:06:52	02:00:07	146m	47'02"/km
14.	36	00:02:41	02:02:48	491m	5'28"/km
15.	48	00:04:59	02:07:47	495m	10'04"/km
16.	31	00:02:34	02:10:21	224m	11'28"/km
17.	999	00:00:29	02:10:50	71m	6'48"/km

Orienteering Software