



1º TREINO EXTRA SODF 2025
PARQUE ERMIDA DOM BOSCO 27.4.2025
SE ORIENTA DF

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Nakandakari

Clube de Orientação do Colégio Militar de
Brasília

Percurso : EXPERIENTE

Distancia : 3900m (Desnivel 100m)

Tempo : 2:07:45 (32'45"/km)

12/28

O.K.

[Resultados completos em Webres](#)

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|--------------------------------|---------|
| 1. José Garcia de Sousa Santos | 1:28:07 |
| 2. João Carlos Silva | 1:29:02 |
| 3. Maximiliano da Silva Reolon | 1:29:53 |

1.	35	00:02:03		284m	7'13"/km
2.	34	00:01:26	00:03:29	213m	6'44"/km
3.	43	00:14:09	00:17:38	112m	126'20"/km
4.	46	00:02:36	00:20:14	96m	27'05"/km
5.	50	00:27:01	00:47:15	153m	176'35"/km
6.	44	00:15:17	01:02:32	154m	99'15"/km
7.	33	00:08:47	01:11:19	248m	35'25"/km
8.	41	00:10:47	01:22:06	280m	38'31"/km
9.	39	00:07:45	01:29:51	120m	64'35"/km
10.	45	00:04:56	01:34:47	185m	26'40"/km
11.	40	00:07:48	01:42:35	303m	25'45"/km
12.	38	00:09:47	01:52:22	296m	33'03"/km
13.	47	00:06:41	01:59:03	146m	45'47"/km
14.	36	00:02:10	02:01:13	491m	4'25"/km
15.	48	00:04:40	02:05:53	495m	9'26"/km
16.	31	00:01:38	02:07:31	224m	7'17"/km
17.	999	00:00:14	02:07:45	71m	3'17"/km

Orienteering Software