



1º TREINO EXTRA SODF 2025
PARQUE ERMIDA DOM BOSCO 27.4.2025
SE ORIENTA DF

Edirregis Alexandre de Souza Ramos

CLUBE DE ORIENTAÇÃO ROCHA

Strecke : EXPERIENTE

Länge : 3900m (Steigung 100m)

Zeit : 2:07:06 (32'35"/km)

11/28

O.K.

[Vollständige Ergebnisse auf Webres](#)

- | | |
|--------------------------------|---------|
| 1. José Garcia de Sousa Santos | 1:28:07 |
| 2. João Carlos Silva | 1:29:02 |
| 3. Maximiliano da Silva Reolon | 1:29:53 |

1.	35	00:03:21		284m	11'48"/km
2.	34	00:01:53	00:05:14	213m	8'51"/km
3.	43	00:23:51	00:29:05	112m	212'57"/km
4.	46	00:02:54	00:31:59	96m	30'12"/km
5.	50	00:07:35	00:39:34	153m	49'34"/km
6.	44	00:09:57	00:49:31	154m	64'37"/km
7.	33	00:08:07	00:57:38	248m	32'44"/km
8.	41	00:13:36	01:11:14	280m	48'34"/km
9.	39	00:03:58	01:15:12	120m	33'03"/km
10.	45	00:05:27	01:20:39	185m	29'28"/km
11.	40	00:08:24	01:29:03	303m	27'43"/km
12.	38	00:14:29	01:43:32	296m	48'56"/km
13.	47	00:10:37	01:54:09	146m	72'43"/km
14.	36	00:03:02	01:57:11	491m	6'11"/km
15.	48	00:07:07	02:04:18	495m	14'23"/km
16.	31	00:02:25	02:06:43	224m	10'47"/km
17.	999	00:00:23	02:07:06	71m	5'24"/km

Orienteering Software