



1º TREINO EXTRA SODF 2025
PARQUE ERMIDA DOM BOSCO 27.4.2025
SE ORIENTA DF

Luís Gustavo Gonçalves Montes

Clube de Orientação Tiradentes

Course : EXPERIENTE

Distance : 3900m (Climbing 100m)

Time : 1:52:24 (28'49"/km)

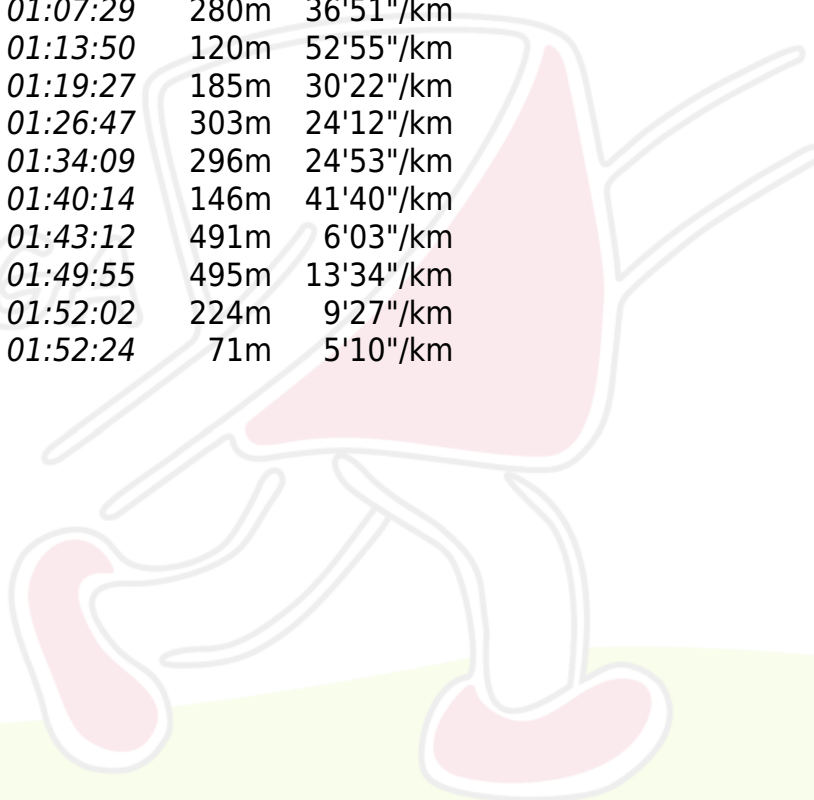
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O.K.

[Full result on Webres](#)

1. José Garcia de Sousa Santos	1:28:07
2. João Carlos Silva	1:29:02
3. Maximiliano da Silva Reolon	1:29:53

1.	35	00:02:29		284m	8'45"/km
2.	34	00:01:40	00:04:09	213m	7'49"/km
3.	43	00:14:55	00:19:04	112m	133'11"/km
4.	46	00:07:14	00:26:18	96m	75'21"/km
5.	50	00:16:57	00:43:15	153m	110'47"/km
6.	44	00:08:18	00:51:33	154m	53'54"/km
7.	33	00:05:37	00:57:10	248m	22'39"/km
8.	41	00:10:19	01:07:29	280m	36'51"/km
9.	39	00:06:21	01:13:50	120m	52'55"/km
10.	45	00:05:37	01:19:27	185m	30'22"/km
11.	40	00:07:20	01:26:47	303m	24'12"/km
12.	38	00:07:22	01:34:09	296m	24'53"/km
13.	47	00:06:05	01:40:14	146m	41'40"/km
14.	36	00:02:58	01:43:12	491m	6'03"/km
15.	48	00:06:43	01:49:55	495m	13'34"/km
16.	31	00:02:07	01:52:02	224m	9'27"/km
17.	999	00:00:22	01:52:24	71m	5'10"/km



Orienteering Software