



1º TREINO EXTRA SODF 2025
PARQUE ERMIDA DOM BOSCO 27.4.2025
SE ORIENTA DF

Luiz Gustavo Dos Santos Bringel

Clube de Orientação do Colégio Militar de
Brasília

Course : SUPER EXPE

Distance : 4700m (Climbing 100m)

Time : 2:15:14 (28'46"/km)

34/40

O.K.

[Full result on Webres](#)

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| 1. Jonathan da Rosa Palinski | 0:53:44 |
| 2. Luiz Guilherme Maciel Melo | 0:59:01 |
| 3. Priscilla Vieira Gonçalves | 0:59:28 |

1.	43	00:05:47		309m	18'43"/km
2.	33	00:11:21	00:17:08	433m	26'13"/km
3.	41	00:08:06	00:25:14	280m	28'56"/km
4.	39	00:07:02	00:32:16	120m	58'37"/km
5.	45	00:07:07	00:39:23	185m	38'28"/km
6.	44	00:03:32	00:42:55	145m	24'22"/km
7.	40	00:05:57	00:48:52	245m	24'17"/km
8.	38	00:15:17	01:04:09	296m	51'38"/km
9.	35	00:09:33	01:13:42	506m	18'52"/km
10.	40	00:10:16	01:23:58	331m	31'01"/km
11.	50	00:19:58	01:43:56	275m	72'36"/km
12.	32	00:10:19	01:54:15	304m	33'56"/km
13.	40	00:06:01	02:00:16	220m	27'21"/km
14.	34	00:02:53	02:03:09	126m	22'53"/km
15.	36	00:03:40	02:06:49	337m	10'53"/km
16.	42	00:05:46	02:12:35	403m	14'19"/km
17.	31	00:02:13	02:14:48	102m	21'44"/km
18.	999	00:00:26	02:15:14	71m	6'06"/km

Orienteering Software