



1º TREINO EXTRA SODF 2025
PARQUE ERMIDA DOM BOSCO 27.4.2025
SE ORIENTA DF

Guilherme Alves Bringel

Clube de Orientação do Colégio Militar de
Brasília

Course : SUPER EXPE

Distance : 4700m (Climbing 100m)

Time : 2:12:22 (28'10"/km)

33/40

O.K.

[Full result on Webres](#)

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| 1. Jonathan da Rosa Palinski | 0:53:44 |
| 2. Luiz Guilherme Maciel Melo | 0:59:01 |
| 3. Priscilla Vieira Gonçalves | 0:59:28 |

1.	43	00:08:40		309m	28'03"/km
2.	33	00:10:15	00:18:55	433m	23'40"/km
3.	41	00:13:58	00:32:53	280m	49'53"/km
4.	39	00:03:53	00:36:46	120m	32'22"/km
5.	45	00:07:52	00:44:38	185m	42'31"/km
6.	44	00:10:22	00:55:00	145m	71'30"/km
7.	40	00:08:21	01:03:21	245m	34'05"/km
8.	38	00:13:28	01:16:49	296m	45'30"/km
9.	35	00:08:28	01:25:17	506m	16'44"/km
10.	40	00:04:48	01:30:05	331m	14'30"/km
11.	50	00:13:51	01:43:56	275m	50'22"/km
12.	32	00:12:02	01:55:58	304m	39'35"/km
13.	40	00:04:26	02:00:24	220m	20'09"/km
14.	34	00:02:19	02:02:43	126m	18'23"/km
15.	36	00:03:27	02:06:10	337m	10'14"/km
16.	42	00:04:04	02:10:14	403m	10'05"/km
17.	31	00:01:55	02:12:09	102m	18'47"/km
18.	999	00:00:13	02:12:22	71m	3'03"/km

Orienteering Software