



1º TREINO EXTRA SODF 2025
PARQUE ERMIDA DOM BOSCO 27.4.2025
SE ORIENTA DF

Carlos Frederico Bahia Barreto

Clube de Orientação do Colégio Militar de
Brasília

Circuit : SUPER EXPE

Distance : 4700m (Dénivelé 100m)

Temps : 1:54:59 (24'28"/km)

28/40

O.K.

[Résultats complets sur Webres](#)

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|-------------------------------|---------|
| 1. Jonathan da Rosa Palinski | 0:53:44 |
| 2. Luiz Guilherme Maciel Melo | 0:59:01 |
| 3. Priscilla Vieira Gonçalves | 0:59:28 |

1.	43	00:05:51		309m	18'56"/km
2.	33	00:14:54	00:20:45	433m	34'25"/km
3.	41	00:16:26	00:37:11	280m	58'41"/km
4.	39	00:02:51	00:40:02	120m	23'45"/km
5.	45	00:08:55	00:48:57	185m	48'12"/km
6.	44	00:02:43	00:51:40	145m	18'44"/km
7.	40	00:12:31	01:04:11	245m	51'05"/km
8.	38	00:12:34	01:16:45	296m	42'27"/km
9.	35	00:06:45	01:23:30	506m	13'20"/km
10.	40	00:03:30	01:27:00	331m	10'34"/km
11.	50	00:11:13	01:38:13	275m	40'47"/km
12.	32	00:04:52	01:43:05	304m	16'01"/km
13.	40	00:03:41	01:46:46	220m	16'45"/km
14.	34	00:02:23	01:49:09	126m	18'55"/km
15.	36	00:01:56	01:51:05	337m	5'44"/km
16.	42	00:02:24	01:53:29	403m	5'57"/km
17.	31	00:01:16	01:54:45	102m	12'25"/km
18.	999	00:00:14	01:54:59	71m	3'17"/km

Orienteering Software