



1º TREINO EXTRA SODF 2025
PARQUE ERMIDA DOM BOSCO 27.4.2025
SE ORIENTA DF

Gabriel de Franco Fernandes

Clube de Orientação Tiradentes

Percurso : SUPER EXPE

Distancia : 4700m (Desnivel 100m)

Tempo : 1:42:31 (21'49"/km)

27/40

O.K.

[Resultados completos em Webres](#)

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|-------------------------------|---------|
| 1. Jonathan da Rosa Palinski | 0:53:44 |
| 2. Luiz Guilherme Maciel Melo | 0:59:01 |
| 3. Priscilla Vieira Gonçalves | 0:59:28 |

1.	43	00:03:54		309m	12'37"/km
2.	33	00:09:30	00:13:24	433m	21'56"/km
3.	41	00:07:25	00:20:49	280m	26'29"/km
4.	39	00:04:03	00:24:52	120m	33'45"/km
5.	45	00:10:58	00:35:50	185m	59'17"/km
6.	44	00:02:02	00:37:52	145m	14'01"/km
7.	40	00:09:23	00:47:15	245m	38'18"/km
8.	38	00:10:08	00:57:23	296m	34'14"/km
9.	35	00:04:58	01:02:21	506m	9'49"/km
10.	40	00:07:24	01:09:45	331m	22'21"/km
11.	50	00:13:08	01:22:53	275m	47'45"/km
12.	32	00:05:39	01:28:32	304m	18'35"/km
13.	40	00:03:36	01:32:08	220m	16'22"/km
14.	34	00:02:55	01:35:03	126m	23'09"/km
15.	36	00:01:58	01:37:01	337m	5'50"/km
16.	42	00:03:30	01:40:31	403m	8'41"/km
17.	31	00:01:42	01:42:13	102m	16'40"/km
18.	999	00:00:18	01:42:31	71m	4'14"/km

Orienteering Software