



1º TREINO EXTRA SODF 2025
PARQUE ERMIDA DOM BOSCO 27.4.2025
SE ORIENTA DF

João Souza de Sá Filho

Clube de Orientação do Colégio Militar de
Brasília

Course : SUPER EXPE

Distance : 4700m (Climbing 100m)

Time : 1:39:01 (21'04"/km)

26/40

O.K.

[Full result on Webres](#)

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| 1. Jonathan da Rosa Palinski | 0:53:44 |
| 2. Luiz Guilherme Maciel Melo | 0:59:01 |
| 3. Priscilla Vieira Gonçalves | 0:59:28 |

1.	43	00:07:58		309m	25'47"/km
2.	33	00:11:30	00:19:28	433m	26'34"/km
3.	41	00:09:02	00:28:30	280m	32'16"/km
4.	39	00:02:57	00:31:27	120m	24'35"/km
5.	45	00:15:54	00:47:21	185m	85'57"/km
6.	44	00:02:53	00:50:14	145m	19'53"/km
7.	40	00:04:49	00:55:03	245m	19'40"/km
8.	38	00:05:57	01:01:00	296m	20'06"/km
9.	35	00:04:36	01:05:36	506m	9'05"/km
10.	40	00:07:12	01:12:48	331m	21'45"/km
11.	50	00:05:47	01:18:35	275m	21'02"/km
12.	32	00:06:11	01:24:46	304m	20'20"/km
13.	40	00:02:21	01:27:07	220m	10'41"/km
14.	34	00:03:29	01:30:36	126m	27'39"/km
15.	36	00:02:22	01:32:58	337m	7'01"/km
16.	42	00:04:03	01:37:01	403m	10'03"/km
17.	31	00:01:37	01:38:38	102m	15'51"/km
18.	999	00:00:23	01:39:01	71m	5'24"/km

Orienteering Software