



1º TREINO EXTRA SODF 2025
PARQUE ERMIDA DOM BOSCO 27.4.2025
SE ORIENTA DF

Adilson Alezandro Mosquer

Clube de Orientação do Colégio Militar de
Brasília

Percurso : SUPER EXPE

Distancia : 4700m (Desnivel 100m)

Tempo : 1:18:35 (16'43"/km)

17/40

O.K.

[Resultados completos em Webres](#)

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| 1. Jonathan da Rosa Palinski | 0:53:44 |
| 2. Luiz Guilherme Maciel Melo | 0:59:01 |
| 3. Priscilla Vieira Gonçalves | 0:59:28 |

1.	43	00:04:02		309m	13'03"/km
2.	33	00:06:43	00:10:45	433m	15'31"/km
3.	41	00:06:13	00:16:58	280m	22'12"/km
4.	39	00:02:25	00:19:23	120m	20'08"/km
5.	45	00:02:55	00:22:18	185m	15'46"/km
6.	44	00:07:12	00:29:30	145m	49'39"/km
7.	40	00:04:54	00:34:24	245m	20'00"/km
8.	38	00:06:20	00:40:44	296m	21'24"/km
9.	35	00:05:50	00:46:34	506m	11'32"/km
10.	40	00:04:40	00:51:14	331m	14'06"/km
11.	50	00:05:52	00:57:06	275m	21'20"/km
12.	32	00:04:46	01:01:52	304m	15'41"/km
13.	40	00:02:58	01:04:50	220m	13'29"/km
14.	34	00:03:45	01:08:35	126m	29'46"/km
15.	36	00:02:37	01:11:12	337m	7'46"/km
16.	42	00:04:16	01:15:28	403m	10'35"/km
17.	31	00:02:40	01:18:08	102m	26'09"/km
18.	999	00:00:27	01:18:35	71m	6'20"/km

Orienteering Software