



**1º TREINO EXTRA SODF 2025**  
**PARQUE ERMIDA DOM BOSCO 27.4.2025**  
**SE ORIENTA DF**

**Adilson Alezandro Mosquer**

Clube de Orientação do Colégio Militar de  
Brasília

Omloop : SUPER EXPE

Afstand : 4700m (Hoogteverschil 100m)

Tijd : 1:18:35 (16'43"/km)

**17/40**

O.K.

[Volledige uitslagen op Webres](#)

- |                               |         |
|-------------------------------|---------|
| 1. Jonathan da Rosa Palinski  | 0:53:44 |
| 2. Luiz Guilherme Maciel Melo | 0:59:01 |
| 3. Priscilla Vieira Gonçalves | 0:59:28 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 43  | 00:04:02 |          | 309m | 13'03"/km |
| 2.  | 33  | 00:06:43 | 00:10:45 | 433m | 15'31"/km |
| 3.  | 41  | 00:06:13 | 00:16:58 | 280m | 22'12"/km |
| 4.  | 39  | 00:02:25 | 00:19:23 | 120m | 20'08"/km |
| 5.  | 45  | 00:02:55 | 00:22:18 | 185m | 15'46"/km |
| 6.  | 44  | 00:07:12 | 00:29:30 | 145m | 49'39"/km |
| 7.  | 40  | 00:04:54 | 00:34:24 | 245m | 20'00"/km |
| 8.  | 38  | 00:06:20 | 00:40:44 | 296m | 21'24"/km |
| 9.  | 35  | 00:05:50 | 00:46:34 | 506m | 11'32"/km |
| 10. | 40  | 00:04:40 | 00:51:14 | 331m | 14'06"/km |
| 11. | 50  | 00:05:52 | 00:57:06 | 275m | 21'20"/km |
| 12. | 32  | 00:04:46 | 01:01:52 | 304m | 15'41"/km |
| 13. | 40  | 00:02:58 | 01:04:50 | 220m | 13'29"/km |
| 14. | 34  | 00:03:45 | 01:08:35 | 126m | 29'46"/km |
| 15. | 36  | 00:02:37 | 01:11:12 | 337m | 7'46"/km  |
| 16. | 42  | 00:04:16 | 01:15:28 | 403m | 10'35"/km |
| 17. | 31  | 00:02:40 | 01:18:08 | 102m | 26'09"/km |
| 18. | 999 | 00:00:27 | 01:18:35 | 71m  | 6'20"/km  |

Orienteering Software