



1º TREINO EXTRA SODF 2025
PARQUE ERMIDA DOM BOSCO 27.4.2025
SE ORIENTA DF

Lino Venigno Bezerra

Clube de Orientação do Colégio Militar de
Brasília

Omloop : SUPER EXPE

Afstand : 4700m (Hoogteverschil 100m)

Tijd : 1:18:28 (16'42"/km)

16/40

O.K.

[Volledige uitslagen op Webres](#)

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|-------------------------------|---------|
| 1. Jonathan da Rosa Palinski | 0:53:44 |
| 2. Luiz Guilherme Maciel Melo | 0:59:01 |
| 3. Priscilla Vieira Gonçalves | 0:59:28 |

1.	43	00:05:34		309m	18'01"/km
2.	33	00:06:39	00:12:13	433m	15'21"/km
3.	41	00:05:34	00:17:47	280m	19'53"/km
4.	39	00:01:49	00:19:36	120m	15'08"/km
5.	45	00:02:45	00:22:21	185m	14'52"/km
6.	44	00:01:39	00:24:00	145m	11'23"/km
7.	40	00:05:06	00:29:06	245m	20'49"/km
8.	38	00:04:48	00:33:54	296m	16'13"/km
9.	35	00:06:23	00:40:17	506m	12'37"/km
10.	40	00:06:55	00:47:12	331m	20'54"/km
11.	50	00:11:35	00:58:47	275m	42'07"/km
12.	32	00:05:40	01:04:27	304m	18'38"/km
13.	40	00:03:39	01:08:06	220m	16'35"/km
14.	34	00:02:31	01:10:37	126m	19'58"/km
15.	36	00:01:57	01:12:34	337m	5'47"/km
16.	42	00:03:24	01:15:58	403m	8'26"/km
17.	31	00:02:10	01:18:08	102m	21'15"/km
18.	999	00:00:20	01:18:28	71m	4'42"/km

Orienteering Software