



1º TREINO EXTRA SODF 2025

PARQUE ERMIDA DOM BOSCO 27.4.2025

SE ORIENTA DF

Camila Luisa Daronco

Clube de Orientação de Santa Maria

Percurso : SUPER EXPE

Distancia : 4700m (Desnivel 100m)

Tempo : 1:15:58 (16'10"/km)

14/40

O.K.

[Resultados completos em Webres](#)

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| 1. Jonathan da Rosa Palinski | 0:53:44 |
| 2. Luiz Guilherme Maciel Melo | 0:59:01 |
| 3. Priscilla Vieira Gonçalves | 0:59:28 |

1.	43	00:05:46		309m	18'40"/km
2.	33	00:06:30	00:12:16	433m	15'01"/km
3.	41	00:16:33	00:28:49	280m	59'06"/km
4.	39	00:01:51	00:30:40	120m	15'25"/km
5.	45	00:02:28	00:33:08	185m	13'20"/km
6.	44	00:04:42	00:37:50	145m	32'25"/km
7.	40	00:04:01	00:41:51	245m	16'24"/km
8.	38	00:04:37	00:46:28	296m	15'36"/km
9.	35	00:04:36	00:51:04	506m	9'05"/km
10.	40	00:04:02	00:55:06	331m	12'11"/km
11.	50	00:05:09	01:00:15	275m	18'44"/km
12.	32	00:03:26	01:03:41	304m	11'18"/km
13.	40	00:02:23	01:06:04	220m	10'50"/km
14.	34	00:02:01	01:08:05	126m	16'00"/km
15.	36	00:02:10	01:10:15	337m	6'26"/km
16.	42	00:03:44	01:13:59	403m	9'16"/km
17.	31	00:01:37	01:15:36	102m	15'51"/km
18.	999	00:00:22	01:15:58	71m	5'10"/km

Orienteering Software