



1º TREINO EXTRA SODF 2025
PARQUE ERMIDA DOM BOSCO 27.4.2025
SE ORIENTA DF

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Clube de Orientação dos Cadetes da

Academia da Força Aérea

Omloop : SUPER EXPE

Afstand : 4700m (Hoogteverschil 100m)

Tijd : 1:06:44 (14'12"/km)

9/40

O.K.

[Volledige uitslagen op Webres](#)

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|-------------------------------|---------|
| 1. Jonathan da Rosa Palinski | 0:53:44 |
| 2. Luiz Guilherme Maciel Melo | 0:59:01 |
| 3. Priscilla Vieira Gonçalves | 0:59:28 |

1.	43	00:03:25		309m	11'03"/km
2.	33	00:12:32	00:15:57	433m	28'57"/km
3.	41	00:07:14	00:23:11	280m	25'50"/km
4.	39	00:02:15	00:25:26	120m	18'45"/km
5.	45	00:02:54	00:28:20	185m	15'41"/km
6.	44	00:01:59	00:30:19	145m	13'41"/km
7.	40	00:08:25	00:38:44	245m	34'21"/km
8.	38	00:04:13	00:42:57	296m	14'15"/km
9.	35	00:04:40	00:47:37	506m	9'13"/km
10.	40	00:03:21	00:50:58	331m	10'07"/km
11.	50	00:03:59	00:54:57	275m	14'29"/km
12.	32	00:02:48	00:57:45	304m	9'13"/km
13.	40	00:02:05	00:59:50	220m	9'28"/km
14.	34	00:01:44	01:01:34	126m	13'45"/km
15.	36	00:01:34	01:03:08	337m	4'39"/km
16.	42	00:02:20	01:05:28	403m	5'47"/km
17.	31	00:01:01	01:06:29	102m	9'58"/km
18.	999	00:00:15	01:06:44	71m	3'31"/km

Orienteering Software