



1º TREINO EXTRA SODF 2025
PARQUE ERMIDA DOM BOSCO 27.4.2025
SE ORIENTA DF

Jonathan da Rosa Palinski

Clube de Orientação de Santa Maria

Course : SUPER EXPE

Distance : 4700m (Climbing 100m)

Time : 0:53:44 (11'26"/km)

1/40

O.K.

[Full result on Webres](#)

2. Luiz Guilherme Maciel Melo 0:59:01
3. Priscilla Vieira Gonçalves 0:59:28

1.	43	00:03:23		309m	10'57"/km
2.	33	00:04:52	00:08:15	433m	11'14"/km
3.	41	00:04:54	00:13:09	280m	17'30"/km
4.	39	00:01:29	00:14:38	120m	12'22"/km
5.	45	00:02:18	00:16:56	185m	12'26"/km
6.	44	00:02:13	00:19:09	145m	15'17"/km
7.	40	00:02:48	00:21:57	245m	11'26"/km
8.	38	00:04:23	00:26:20	296m	14'49"/km
9.	35	00:04:08	00:30:28	506m	8'10"/km
10.	40	00:03:41	00:34:09	331m	11'08"/km
11.	50	00:04:13	00:38:22	275m	15'20"/km
12.	32	00:03:31	00:41:53	304m	11'34"/km
13.	40	00:02:26	00:44:19	220m	11'04"/km
14.	34	00:02:03	00:46:22	126m	16'16"/km
15.	36	00:02:08	00:48:30	337m	6'20"/km
16.	42	00:03:15	00:51:45	403m	8'04"/km
17.	31	00:01:44	00:53:29	102m	17'00"/km
18.	999	00:00:15	00:53:44	71m	3'31"/km

Orienteering Software