



III CORRIDA RÚSTICA

CARUARU - PE 27.4.2025

CORRIDA RÚSTICA

Wayner Henrique Silva Henrique

Friends Runners

Omloop : SOLO MASCULINO 30-39

Afstand : 6330m (Hoogteverschil 160m)

Tijd : 0:53:40,835 (8'29"/km)

48/53

O.K.

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- | | |
|-------------------------------|-------------|
| 1. Geraldo João Da Silva João | 0:24:46,882 |
| 2. José Paulo Da Silva Paulo | 0:25:16,511 |
| 3. João Paulo Mendes Da Silva | 0:25:59,539 |

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|----|-----|----------|----------|----------|--------------|
| 1. | 71 | 00:17:35 | 2400m | 7'20"/km | HIDRATAÇÃO 1 |
| 2. | 72 | 00:28:04 | 00:45:39 | 2800m | 10'01"/km |
| 3. | 999 | 00:08:01 | 00:53:40 | 1100m | 7'17"/km |
- CHEGADA

