



Turnhout City Run

Turnhout 27.4.2025

ASOM

Joost APPELS

Turnhout City Run

Circuit : H:Turnhout City Run

Distance : 6000m

Temps : 0:44:11 (7'22"/km)

2/29

O.K.

[Résultats complets sur Webres](#)

- | | |
|------------------------|---------|
| 1. Stef ROES | 0:41:50 |
| 3. Frédérique VERBIEST | 0:51:33 |

1.	97	00:00:35		57m	10'14"/km
2.	31	00:00:58	00:01:33	27m	35'48"/km
3.	54	00:01:07	00:02:40	128m	8'43"/km
4.	33	00:00:55	00:03:35	91m	10'04"/km
5.	109	00:02:11	00:05:46	185m	11'48"/km
6.	77	00:04:55	00:10:41	624m	7'53"/km
7.	69	00:00:45	00:11:26	76m	9'52"/km
8.	68	00:00:37	00:12:03	86m	7'10"/km
9.	67	00:00:29	00:12:32	65m	7'26"/km
10.	103	00:01:10	00:13:42	79m	14'46"/km
11.	65	00:00:24	00:14:06	58m	6'54"/km
12.	38	00:02:48	00:16:54		
13.	36	00:00:19	00:17:13	43m	7'22"/km
14.	111	00:02:57	00:20:10		
15.	38	00:00:11	00:20:21	37m	4'57"/km
16.	36	00:00:15	00:20:36	43m	5'49"/km
17.	119	00:00:17	00:20:53	55m	5'09"/km
18.	99	00:02:43	00:23:36	270m	10'04"/km
19.	82	00:00:43	00:24:19	73m	9'49"/km
20.	105	00:00:13	00:24:32	30m	7'13"/km
21.	83	00:00:30	00:25:02	71m	7'03"/km
22.	84	00:02:46	00:27:48	372m	7'26"/km
23.	87	00:05:05	00:32:53	495m	10'16"/km
24.	39	00:00:35	00:33:28	50m	11'40"/km
25.	47	00:02:51	00:36:19	121m	23'33"/km
26.	41	00:00:28	00:36:47	32m	14'35"/km
27.	42	00:01:02	00:37:49	64m	16'09"/km
28.	91	00:02:54	00:40:43	245m	11'50"/km
29.	100	00:02:25	00:43:08	289m	8'22"/km
30.	46	00:00:38	00:43:46	115m	5'30"/km
31.	999	00:00:25	00:44:11	76m	5'29"/km