



2ª Etapa CMOC 2021
Fazenda Pocinho Contenda-PR 1.8.2021
COC

Ingledi Nayara Rodrigues Silva

COC

Course : D Adulto A

Distance : 5000m (Climbing 125m)

Time : 2:05:43 (25'09"/km)

7/8

O.K.

[Full result on Webres](#)

- | | |
|---------------------------------------|---------|
| 1. Symone Hernandes | 1:25:16 |
| 2. Enelise Enaile Nayhara Costa Silva | 1:30:48 |
| 3. Andressa Midori Nishigawa Lopes | 1:40:22 |

HELGA



Orienteering Software