



Treino 11 - CMSM
São Valentin 23.4.2025
Colégio Militar de Santa Maria

Lorenzi

Colégio Militar de Santa Maria

Circuit : HD1

Distance : 2000m (Dénivelé 80m)

Temps : 0:34:06 (17'03"/km)

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O.K.

[Résultats complets sur Webres](#)

1. Ruiz	0:25:15
2. Manfio	0:26:23
3. Valentin	0:27:18

1.	31	00:02:10		118m	18'22"/km
2.	32	00:00:56	00:03:06	132m	7'04"/km
3.	34	00:02:17	00:05:23	181m	12'37"/km
4.	33	00:03:36	00:08:59	151m	23'50"/km
5.	35	00:09:15	00:18:14	215m	43'01"/km
6.	36	00:02:40	00:20:54	199m	13'24"/km
7.	37	00:02:45	00:23:39	231m	11'54"/km
8.	39	00:05:48	00:29:27	232m	25'00"/km
9.	31	00:01:33	00:31:00	147m	10'33"/km
10.	38	00:01:53	00:32:53	181m	10'24"/km
11.	999	00:01:13	00:34:06	128m	9'30"/km

HELGA

Orienteering Software