



Treino 11 - CMSM
São Valentin 23.4.2025
Colégio Militar de Santa Maria

Portela

Colégio Militar de Santa Maria

Strecke : HD1

Länge : 2000m (Steigung 80m)

Zeit : 0:29:39 (14'49"/km)

4/8

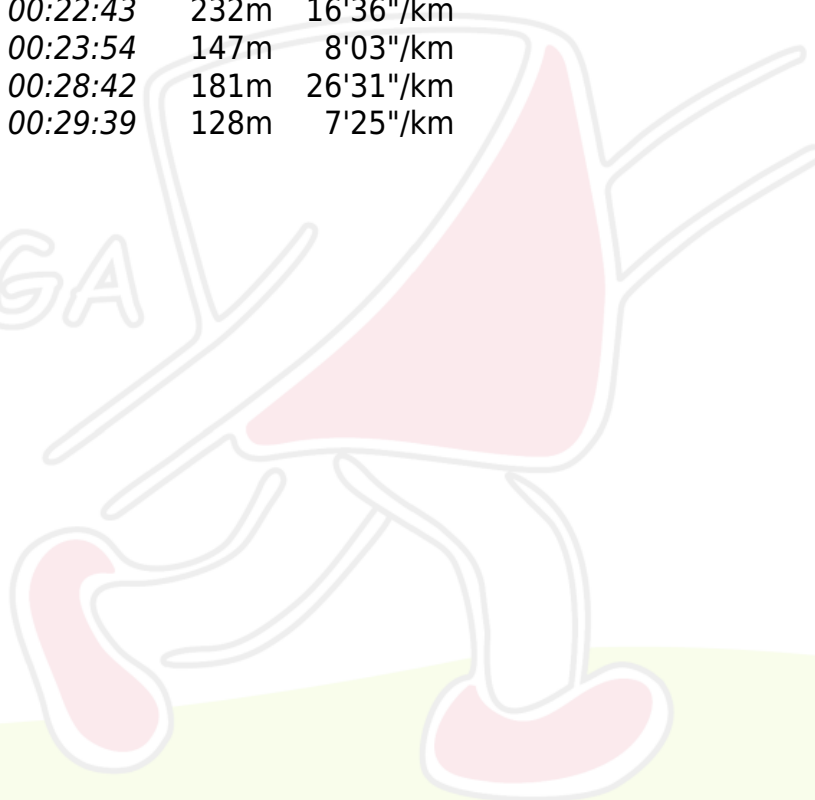
O.K.

[Vollständige Ergebnisse auf Webres](#)

1. Ruiz	0:25:15
2. Manfio	0:26:23
3. Valentin	0:27:18

1.	31	00:02:35		118m	21'54"/km
2.	32	00:00:54	00:03:29	132m	6'49"/km
3.	34	00:02:08	00:05:37	181m	11'47"/km
4.	33	00:05:12	00:10:49	151m	34'26"/km
5.	35	00:02:51	00:13:40	215m	13'15"/km
6.	36	00:02:46	00:16:26	199m	13'54"/km
7.	37	00:02:26	00:18:52	231m	10'32"/km
8.	39	00:03:51	00:22:43	232m	16'36"/km
9.	31	00:01:11	00:23:54	147m	8'03"/km
10.	38	00:04:48	00:28:42	181m	26'31"/km
11.	999	00:00:57	00:29:39	128m	7'25"/km

HELGA



Orienteering Software