



Treino 11 - CMSM
São Valentin 23.4.2025
Colégio Militar de Santa Maria

Valentin

Colégio Militar de Santa Maria

Strecke : HD1

Länge : 2000m (Steigung 80m)

Zeit : 0:27:18 (13'39"/km)

3/8

O.K.

[Vollständige Ergebnisse auf Webres](#)

- | | |
|-----------|---------|
| 1. Ruiz | 0:25:15 |
| 2. Manfio | 0:26:23 |

1.	31	00:01:33		118m	13'08"/km
2.	32	00:00:57	00:02:30	132m	7'12"/km
3.	34	00:01:45	00:04:15	181m	9'40"/km
4.	33	00:06:45	00:11:00	151m	44'42"/km
5.	35	00:03:21	00:14:21	215m	15'35"/km
6.	36	00:01:51	00:16:12	199m	9'18"/km
7.	37	00:02:29	00:18:41	231m	10'45"/km
8.	39	00:04:27	00:23:08	232m	19'11"/km
9.	31	00:01:01	00:24:09	147m	6'55"/km
10.	38	00:02:23	00:26:32	181m	13'10"/km
11.	999	00:00:46	00:27:18	128m	5'59"/km

HELGA

Orienteering Software