



Treino 11 - CMSM
São Valentin 23.4.2025
Colégio Militar de Santa Maria

Manfio

Colégio Militar de Santa Maria

Strecke : HD1

Länge : 2000m (Steigung 80m)

Zeit : 0:26:23 (13'11"/km)

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O.K.

[Vollständige Ergebnisse auf Webres](#)

1. Ruiz	0:25:15
3. Valentin	0:27:18

1.	31	00:02:07		118m	17'56"/km
2.	32	00:01:57	00:04:04	132m	14'46"/km
3.	34	00:01:38	00:05:42	181m	9'01"/km
4.	33	00:01:37	00:07:19	151m	10'42"/km
5.	35	00:04:05	00:11:24	215m	19'00"/km
6.	36	00:01:39	00:13:03	199m	8'17"/km
7.	37	00:06:05	00:19:08	231m	26'20"/km
8.	39	00:03:15	00:22:23	232m	14'01"/km
9.	31	00:01:15	00:23:38	147m	8'30"/km
10.	38	00:01:41	00:25:19	181m	9'18"/km
11.	999	00:01:04	00:26:23	128m	8'20"/km

HELGA

Orienteering Software