



GOS 4: Park Halfweg/Malem

Gent - Park Halfweg/Malem 19.4.2025

TROL

Rik VAN BRUGGEN

TROL

Course : H:1-lang

Distance : 8390m

Time : 1:02:24 (7'26"/km)

34/70

O.K.

[Full result on Webres](#)

- | | |
|--------------------|---------|
| 1. Sergueï SMIRNOV | 0:34:08 |
| 2. Nathan STEYAERT | 0:40:53 |
| 3. Thijs HAVINGA | 0:42:01 |

1.	55	00:02:39		212m	12'30"/km
2.	34	00:03:23	00:06:02	357m	9'29"/km
3.	56	00:02:05	00:08:07	230m	9'03"/km
4.	68	00:02:52	00:10:59	288m	9'57"/km
5.	58	00:00:55	00:11:54	112m	8'11"/km
6.	59	00:01:43	00:13:37	205m	8'22"/km
7.	60	00:02:01	00:15:38	189m	10'40"/km
8.	61	00:01:18	00:16:56	129m	10'05"/km
9.	65	00:03:19	00:20:15	191m	17'22"/km
10.	64	00:01:45	00:22:00	200m	8'45"/km
11.	63	00:01:06	00:23:06	137m	8'02"/km
12.	70	00:00:11	00:23:17	29m	6'19"/km
13.	62	00:01:37	00:24:54	138m	11'43"/km
14.	66	00:01:43	00:26:37	186m	9'14"/km
15.	71	00:02:00	00:28:37	233m	8'35"/km
16.	69	00:01:31	00:30:08	193m	7'52"/km
17.	67	00:01:06	00:31:14	120m	9'10"/km
18.	36	00:01:54	00:33:08	135m	14'04"/km
19.	53	00:04:40	00:37:48	199m	23'27"/km
20.	51	00:02:19	00:40:07	305m	7'36"/km
21.	46	00:01:26	00:41:33	134m	10'42"/km
22.	47	00:02:04	00:43:37	146m	14'09"/km
23.	45	00:02:24	00:46:01	175m	13'43"/km
24.	44	00:01:14	00:47:15	162m	7'37"/km
25.	43	00:03:47	00:51:02	196m	19'18"/km
26.	38	00:04:30	00:55:32	421m	10'41"/km
27.	39	00:02:23	00:57:55	214m	11'08"/km
28.	41	00:01:39	00:59:34	158m	10'27"/km
29.	40	00:02:23	01:01:57	298m	8'00"/km
30.	999	00:00:27	01:02:24	69m	6'31"/km