



GOS 4: Park Halfweg/Malem

Gent - Park Halfweg/Malem 19.4.2025

TROL

Joris VANDELANOTTE

TROL

Percorso : H:1-lang

Distancia : 8390m

Tempo : 0:53:27 (6'22"/km)

20/70

O.K.

[Resultados completos em Webres](#)

- | | |
|--------------------|---------|
| 1. Sergueï SMIRNOV | 0:34:08 |
| 2. Nathan STEYAERT | 0:40:53 |
| 3. Thijs HAVINGA | 0:42:01 |

1.	55	00:02:22	212m	11'10"/km
2.	34	00:02:35 00:04:57	357m	7'14"/km
3.	56	00:02:12 00:07:09	230m	9'34"/km
4.	68	00:01:58 00:09:07	288m	6'50"/km
5.	58	00:00:40 00:09:47	112m	5'57"/km
6.	59	00:04:02 00:13:49	205m	19'40"/km
7.	60	00:01:37 00:15:26	189m	8'33"/km
8.	61	00:01:18 00:16:44	129m	10'05"/km
9.	65	00:02:36 00:19:20	191m	13'37"/km
10.	64	00:01:55 00:21:15	200m	9'35"/km
11.	63	00:00:55 00:22:10	137m	6'41"/km
12.	70	00:00:09 00:22:19	29m	5'10"/km
13.	62	00:01:19 00:23:38	138m	9'32"/km
14.	66	00:02:35 00:26:13	186m	13'53"/km
15.	71	00:01:36 00:27:49	233m	6'52"/km
16.	69	00:01:36 00:29:25	193m	8'17"/km
17.	67	00:00:43 00:30:08	120m	5'58"/km
18.	36	00:01:25 00:31:33	135m	10'30"/km
19.	53	00:03:55 00:35:28	199m	19'41"/km
20.	51	00:01:44 00:37:12	305m	5'41"/km
21.	46	00:01:18 00:38:30	134m	9'42"/km
22.	47	00:01:34 00:40:04	146m	10'44"/km
23.	45	00:01:43 00:41:47	175m	9'49"/km
24.	44	00:01:07 00:42:54	162m	6'54"/km
25.	43	00:01:26 00:44:20	196m	7'19"/km
26.	38	00:03:11 00:47:31	421m	7'34"/km
27.	39	00:01:44 00:49:15	214m	8'06"/km
28.	41	00:01:12 00:50:27	158m	7'36"/km
29.	40	00:02:23 00:52:50	298m	8'00"/km
30.	999	00:00:37 00:53:27	69m	8'56"/km