



TRAIL RUN HTR - ETAPA 2

MAXARANGUAPE - RN 13.4.2025

TRAIL RUN HTR

Cristiano Sousa

FRIENDS RUNNERS

Omloop : SOLO RACE MASCULINO 50-59

Afstand : 11100m (Hoogteverschil 224m)

Tijd : 1:18:39,175 (7'05"/km)

4/14

O.K.

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- | | |
|-------------------------------|-------------|
| 1. Jacob Da Costa | 1:09:00,933 |
| 2. Clodoaldo Delgado | 1:14:23,640 |
| 3. Wellington Maynardi Amaral | 1:15:16,804 |

1.	71	00:08:01		1370m	5'51"/km	MEIO DA TRILHA
2.	72	00:11:09	00:19:10	1250m	8'55"/km	PÉ DO MORRO - INICIO DESAFIO
3.	73	00:12:34	00:31:44	1440m	8'44"/km	RESTAURANTE - FIM DESAFIO
4.	80	00:25:23	00:57:07	4000m	6'21"/km	RETORNO RACE
5.	999	00:21:32	01:18:39	3100m	6'57"/km	CHEGADA

