



TRAIL RUN HTR - ETAPA 2

MAXARANGUAPE - RN 13.4.2025

TRAIL RUN HTR

Gerson Da Silva Gomes Silva

DUNAS FIT

Omloop : SOLO RACE MASCULINO 40-49

Afstand : 11100m (Hoogteverschil 224m)

Tijd : 0:59:29,937 (5'22"/km)

--/21

O.K.

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|-------------------------------|-------------|
| 1. Nelson Fonseca Filho | 1:08:22,406 |
| 2. Wellington Santos Da Silva | 1:11:35,761 |
| 3. José Carlos Da Silva | 1:12:27,937 |

1.	71	00:06:32		1370m	4'46"/km	MEIO DA TRILHA
2.	72	00:08:19	00:14:51	1250m	6'39"/km	PÉ DO MORRO - INICIO DESAFIO
3.	73	00:09:32	00:24:23	1440m	6'37"/km	RESTAURANTE - FIM DESAFIO
4.	80	00:18:45	00:43:08	4000m	4'41"/km	RETORNO RACE
5.	999	00:16:21	00:59:29	3100m	5'16"/km	CHEGADA

