



4º TREINO SE ORIENTA DF 2025 - INÍCIO:09:00h

PARQUE ECOLÓGICO DAS SUCUPIRAS 12.4.2025

SE ORIENTA DF

Felipe Palma Freitas

OUTROS

Percurso : EXPERIENTE

Distancia : 2300m (Desnivel 10m)

Tempo : 0:56:59 (24'47"/km)

17/23

O.K.

[Resultados completos em Webres](#)

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|--------------------------|---------|
| 1. João Carlos Silva | 0:26:23 |
| 2. Daniel Avellar Vallim | 0:26:32 |
| 3. Sérgio Luiz Hendges | 0:28:50 |

1.	41	00:02:58		96m	30'54"/km
2.	44	00:01:39	00:04:37	54m	30'33"/km
3.	39	00:00:57	00:05:34	101m	9'24"/km
4.	41	00:02:21	00:07:55	74m	31'45"/km
5.	43	00:00:53	00:08:48	69m	12'48"/km
6.	42	05:45:16	05:54:04	69m	5003'52"/km
7.	41	06:17:31	12:11:35	41m	9207'43"/km
8.	45	00:01:19	12:12:54	48m	27'26"/km
9.	46	00:01:39	12:14:33	113m	14'36"/km
10.	37	00:06:45	12:21:18		
11.	36	00:01:30	12:22:48	80m	18'45"/km
12.	47	00:10:36	12:33:24	179m	59'13"/km
13.	50	00:07:19	12:40:43	79m	92'37"/km
14.	49	00:03:46	12:44:29	132m	28'32"/km
15.	48	00:02:55	12:47:24	62m	47'03"/km
16.	47	00:04:08	12:51:32	158m	26'10"/km
17.	53	00:01:05	12:52:37	114m	9'30"/km
18.	32	00:01:50	12:54:27	299m	6'08"/km
19.	46	00:00:45	12:55:12	99m	7'35"/km
20.	31	00:01:12	12:56:24	176m	6'49"/km
21.	40	00:00:18	12:56:42	38m	7'54"/km
22.	999	00:00:17	12:56:59	40m	7'05"/km

Orienteering Software