



# 4º TREINO SE ORIENTA DF 2025 - INÍCIO:09:00h

## PARQUE ECOLÓGICO DAS SUCUPIRAS 12.4.2025

### SE ORIENTA DF

**Christiane Peres Goulart**

Clube de Orientação do Colégio Militar de  
Brasília

Circuit : EXPERIENTE

Distance : 2300m (Dénivelé 10m)

Temps : 0:49:12 (21'23"/km)

**14/23**

O.K.

[Résultats complets sur Webres](#)

- |                          |         |
|--------------------------|---------|
| 1. João Carlos Silva     | 0:26:23 |
| 2. Daniel Avellar Vallim | 0:26:32 |
| 3. Sérgio Luiz Hendges   | 0:28:50 |

|     |     |          |          |       |           |
|-----|-----|----------|----------|-------|-----------|
| 1.  | 41  | 00:02:15 |          | 96m   | 23'26"/km |
| 2.  | 44  | 00:01:25 | 00:03:40 | 54m   | 26'14"/km |
| 3.  | 39  | 00:01:20 | 00:05:00 | 101m  | 13'12"/km |
| 4.  | 41  | 00:03:23 | 00:08:23 | 74m   | 45'43"/km |
| 5.  | 43  | 00:01:14 | 00:09:37 | 69m   | 17'52"/km |
| 6.  | 42  | 05:44:34 | 05:54:11 | 69m49 | 93'43"/km |
| 7.  | 41  | 06:18:04 | 12:12:15 | 41m92 | 21'08"/km |
| 8.  | 45  | 00:01:25 | 12:13:40 | 48m   | 29'31"/km |
| 9.  | 46  | 00:01:26 | 12:15:06 | 113m  | 12'41"/km |
| 10. | 38  | 00:01:06 | 12:16:12 | 91m   | 12'05"/km |
| 11. | 37  | 00:01:22 | 12:17:34 | 114m  | 11'59"/km |
| 12. | 36  | 00:00:53 | 12:18:27 | 80m   | 11'02"/km |
| 13. | 47  | 00:06:34 | 12:25:01 | 179m  | 36'41"/km |
| 14. | 50  | 00:02:03 | 12:27:04 | 79m   | 25'57"/km |
| 15. | 49  | 00:06:11 | 12:33:15 | 132m  | 46'51"/km |
| 16. | 48  | 00:02:19 | 12:35:34 | 62m   | 37'22"/km |
| 17. | 47  | 00:04:33 | 12:40:07 | 158m  | 28'48"/km |
| 18. | 53  | 00:01:58 | 12:42:05 | 114m  | 17'15"/km |
| 19. | 32  | 00:03:02 | 12:45:07 | 299m  | 10'09"/km |
| 20. | 46  | 00:01:34 | 12:46:41 | 99m   | 15'49"/km |
| 21. | 999 | 00:02:31 | 12:49:12 |       |           |

Orienteering Software