



4º TREINO SE ORIENTA DF 2025 - INÍCIO:09:00h

PARQUE ECOLÓGICO DAS SUCUPIRAS 12.4.2025

SE ORIENTA DF

Edirregis Alexandre de Souza Ramos

CLUBE DE ORIENTAÇÃO ROCHA

Strecke : EXPERIENTE

Länge : 2300m (Steigung 10m)

Zeit : 0:46:31 (20'13"/km)

11/23

O.K.

[Vollständige Ergebnisse auf Webres](#)

- | | |
|--------------------------|---------|
| 1. João Carlos Silva | 0:26:23 |
| 2. Daniel Avellar Vallim | 0:26:32 |
| 3. Sérgio Luiz Hendges | 0:28:50 |

1.	41	00:03:09		96m	32'49"/km
2.	44	00:01:24	00:04:33	54m	25'56"/km
3.	39	00:00:52	00:05:25	101m	8'35"/km
4.	41	00:03:55	00:09:20	74m	52'56"/km
5.	43	00:01:53	00:11:13	69m	27'18"/km
6.	42	05:43:56	05:55:09	69m	4984'32"/km
7.	41	06:17:30	12:12:39	41m	9207'19"/km
8.	45	00:01:23	12:14:02	48m	28'49"/km
9.	46	00:01:14	12:15:16	113m	10'55"/km
10.	38	00:00:41	12:15:57	91m	7'31"/km
11.	37	00:01:33	12:17:30	114m	13'36"/km
12.	36	00:00:35	12:18:05	80m	7'18"/km
13.	47	00:04:22	12:22:27	179m	24'24"/km
14.	50	00:03:57	12:26:24	79m	50'00"/km
15.	49	00:06:04	12:32:28	132m	45'58"/km
16.	48	00:01:41	12:34:09	62m	27'09"/km
17.	47	00:04:49	12:38:58	158m	30'29"/km
18.	53	00:01:58	12:40:56	114m	17'15"/km
19.	32	00:02:36	12:43:32	299m	8'42"/km
20.	46	00:00:45	12:44:17	99m	7'35"/km
21.	31	00:01:41	12:45:58	176m	9'34"/km
22.	40	00:00:17	12:46:15	38m	7'27"/km
23.	999	00:00:16	12:46:31	40m	6'40"/km

Orienteering Software